

		SCHOOL MENU			August 2023	
MEAL	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<u>WEEK 1</u>	<b>July 31st</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	
<b>BREAKFAST</b>	Cereal w/ Granola Bar and Milk	French Toast w/Honey	Egg Taco w/Milk	Potato, Hash Browns w/ Sausage and Milk	Mini Strawberry Bagels w/ Milk	
<b>LUNCH Main</b>	Pasta Alfredo (V)	Chicken Strips	Meatballs w/ BBQ Sauce	Steak Fingers	Grilled Chicken Taco	
<b>LUNCH Side 1</b>	Broccoli	Green Beans	White Rice	Beans and Corn	Ranch Style Beans	
<b>LUNCH Side 2</b>	Fresh Fruit in Season	Fresh Fruit in Season	Fresh Fruit in Season	Fresh Fruit in Season	Fresh Fruit in Season	
<b>PM SNACK</b>	Wheat crackers & Cheese stick	Go-Gurt and Oatmeal Cookies	Blueberry Muffin and Cheese Sticks	Watermelon and Oreo Cookies	Goldfish and Cranberries	
<u>WEEK 2</u>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	
<b>BREAKFAST</b>	Yogurt w./Fruit and a Granola Bar	Mini Muffins, Turkey and Milk	Waffles w/ Honey, Fruit and Milk	Oatmeal w/ Fruit and Milk	Pancakes w/ Honey, Fruit and Milk	
<b>LUNCH Main</b>	Chicken Patties	Quesadillas (V)	Spaghetti Carbonara	Tuna and Rice Casserole	Fish Sticks	
<b>LUNCH Side 1</b>	Green Beans	Rice	Bread w/ Butter	Carrots	Mashed Potatoes	
<b>LUNCH Side 2</b>	Fresh Fruit in Season	Fresh Fruit in Season	Fresh Fruit in Season	Fresh Fruit in Season	Fresh Fruit in Season	
<b>PM SNACK</b>	Rice Cakes w/ Jelly	Granola Bar	Nilla Wafers w/ Bananas	Mozzarella Sticks and Wheat Crackers	Go-Gurt and Vanilla Crackers	
<u>WEEK 3</u>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	
<b>BREAKFAST</b>	Cereal w/ Granola Bar and Milk	Raisin Bread and Butter	Scrambled Eggs w/ Toast and Milk	Pancakes and Sausage Links w/ Milk	<b>Each Center  Has a  Different Menu</b>	
<b>LUNCH Main</b>	Chicken nuggets	Mexican Picadillo	Pasta Soup (V)	Cheese Enchiladas (V)		
<b>LUNCH Side 1</b>	Tater Tots	Beans	Corn Tortilla	Rice		
<b>LUNCH Side 2</b>	Fresh Fruit in Season	Fresh Fruit in Season	Fresh Fruit in Season	Fresh Fruit in Season		
<b>PM SNACK</b>	Graham Crackers and Apple Slices	Turkey Rolls w/ Ritz Crackers	Jelly Sandwich	Watermelon slices and Vanilla Wafer		
<u>WEEK 4</u>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	
<b>BREAKFAST</b>	Oatmeal w/ Fruit and Milk	Yogurt,Fruit and a Granola Bar	Scrambled Eggs, Bacon and Milk	Vanilla Pudding w/ Toast	Mini Strawberry Bagels w/ Milk	
<b>LUNCH Main</b>	Chicken Nuggets	Macaroni Salad (V)	Pizza	Chicken Teriyaki	Tuna Sandwich	
<b>LUNCH Side 1</b>	Broccoli	Saltine Crackers	Carrot sticks	Green Beans	Broccoli	
<b>LUNCH Side 2</b>	Fresh Fruit in Season	Fresh Fruit in Season	Fresh Fruit in Season	Fresh Fruit in Season	Fresh Fruit in Season	
<b>PM SNACK</b>	Goldfish and Raisins	Oreo Cookies, Go-Gurts	Cheese sticks with Ritz	Rice cakes & Jelly	Granola Bar	
<u>WEEK 5</u>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>	<b>Sept.1st</b>	
<b>BREAKFAST</b>	French Toast w/ Honey Fruit and Milk	Jelly Sandwich and Milk	Waffles w/ Honey and	Mini Muffins and Turkey	Cereal w/ Granola Bar and Milk	
<b>LUNCH Main</b>	Grilled Chicken	Spaghetti w/ Meatballs in Tomato Sauce	Bean and Cheese Tacos (V)	Cheese Burger	BBQ Meatballs	
<b>LUNCH Side 1</b>	Mixed Vegetables	Toast	Rice	Tater Tots	Broccoli	
<b>LUNCH Side 2</b>	Fresh Fruit in Season	Fresh Fruit in Season	Fresh Fruit in Season	Fresh Fruit in Season	Fresh Fruit in Season	
<b>PM SNACK</b>	Nilla Wafers and Banana	Watermelon and Graham Crakers	Cheez it and Mozzarella Sticks	Go* Gurt and Granola Bar	Gold Fish and Cranberries	
<b>Notes:</b>	<b>Milk is served with Breakfast</b>			<b>(V) = Vegetarian selection</b>	Fresh Fruit in Season = Depends on weekly shopping selections and what items are available in bulk	